



Winter Training Soccer Program

January 11 - March 4, 2010

Bergstrom Indoor Training Facility

State of the art facility (players can wear cleats) - Challenging & motivating curriculum - High emphasis on technical development - Low player: coach ratio optimizes development - Focus on individual player development - Nationally & State qualified coaching staff - All players welcome, regardless of club affiliation - Players divided into groups by gender & age - Eight weekly training sessions + Two Game Days (January 31st and February 13th) all age groups except U6

Schedule & Costs			
U5/U6 (Kindergarten)	Tue.	6:30–7:25 p.m.	\$70
U7/U8 (1st/2nd grade)	Tue.	6:30–7:25 p.m.	\$80
U9/U10 (3rd/4th grade)	Tue.	6:30–7:25 p.m.	\$85
U11/U12 (5th/6th grade)	Thu.	6:30–8:00 p.m.	\$140
U13/U14 (7th/8th grade)	Tues.	7:30–9:00 p.m.	\$140
High School	Thu.	7:30–9:00 p.m.	\$150
Speed & Agility (U11-U18)	Tue.	6:30–7:25 p.m.	\$70
Goalkeepers (U9-U18)	Tue.	6:30–7:25 p.m.	\$70

REGISTRATION FORM (One form per player)

Player Name _____ DOB _____ Parents/Guardian Name _____
Address _____ City _____ Zip _____
Tel. #. _____ Cell #. _____ Email _____

Session(s) - check box: U6 U8 U10 U11/U12 U13/U14 High School
Speed/Agility Goalkeeper

I hereby release Ames Soccer Club and the coaches from any and all claims and liabilities of any kind of personal injury and property damage arising out of participation in this soccer camp. I certify that my child is in good health and is able to participate in all activities.

NAME: _____ SIGNED: _____ DATE: _____

Please make all checks payable to **Ames Soccer Club** & send to Gary Eyles, C/O Winter Program, 5201 Cervantes Drive, Ames, IA 50014

For Further Information Contact Gary Eyles at (515) 360-5117 or garykix@mchsi.com

Sign-Up Now! - (Deadline is December 18th)