

Coaches/Team Coordinators

Please find below final updates and reminders for this Saturday's Super 7's Soccer Tournament.

Schedule

The schedule is attached. I am still working on filling the remaining spot in the U12 girls division and so will be in contact with those coaches to update them on the progress.

Rules

Please make sure to read the attached rules. The major difference from outdoor is NO offsides for all age groups and substitutions can be made on the fly without permission from the referee. Simply make sure that the substituted player is off the field before their replacement enters the field. Goal kicks are made from anywhere inside the goal box.

Check-In

Only the team official need check in the team at least 1 hour prior to your first game (players **DO NOT** need to be present). The team official will present the following information at check in.

- Team Roster *
- Team Roster(s) of Guest Players (if applicable) *
- Medical Release (for each player, sample form is attached does **NOT** need to be notarized)
- Player card (laminated with a picture for each player)

* I will need to keep a copy for our records, so please make a photocopy

Directions to Facility

The Bergstrom Indoor facility is located at the north/west corner of the ISU Jack Trice Football Stadium. Coming from the south; take I-35 north, exit 111B US HWY 30 towards Ames, exit 146 University Blvd (formerly Elwood Drive) and stay to the right, turn left on south 4th Street, facility is located approximately 400 yards on the left side.

Coming from the north; take I-35 south, exit 111B US HWY 30 towards Ames, exit 146 University Blvd (formerly Elwood Drive) and stay to the right, turn left on south 4th Street, facility is located approximately 400 yards on the left side.

Parking

Use West Lot 85 as the primary lot and north of 4th street if there are no activities at Iowa State University Center.

Facility Rules

Absolutely no gum, food, or drink other than water are allowed in the facility. This includes players, spectators, and coaches.

Surface

The field surface is a synthetic turf that easily holds a cleat so I would have your players wear the normal equipment that they would wear outdoors.

Warm-up

There is little room to conduct warm-ups and so I would recommend having your players arrive approximately 20 minutes prior to game time.

Field Assignments

Field numbers are assigned so that the field by the entrance is # 1, and the field to the right is # 2.

Spectators

Spectators will situate themselves on the sides of the end zones. Folding chairs are OK as long as they are the camping type with blunt ends. No sharp or pointed legs. **NO FOOD, GUM OR DRINKS OTHER THAN WATER.**

Please call or email if you have any questions. We look forward to seeing you and your team.

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